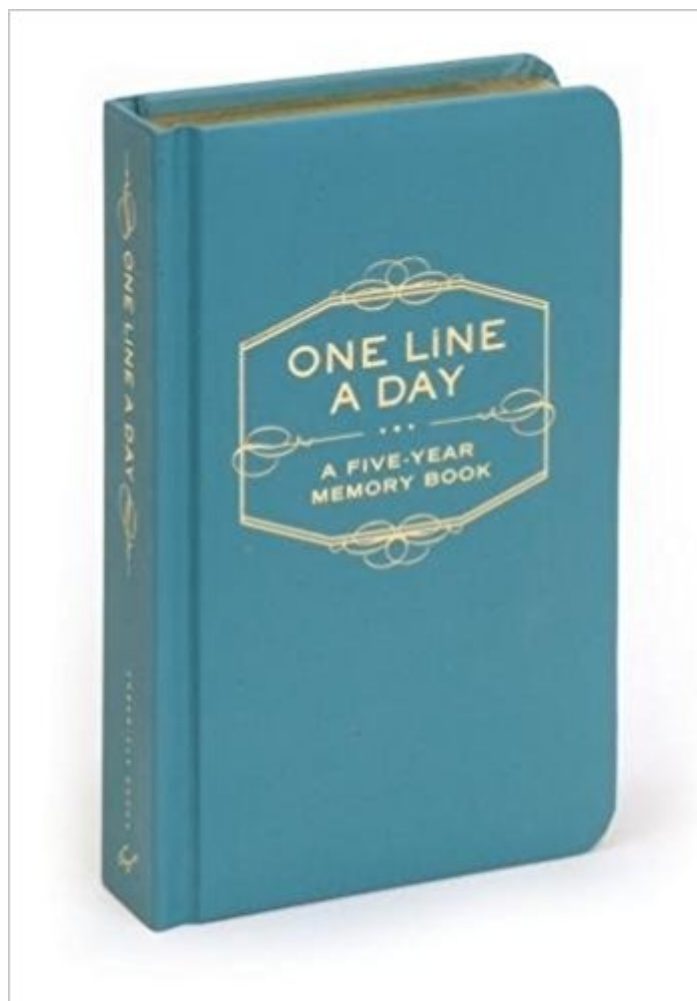


The book was found

One Line A Day: A Five-Year Memory Book



Synopsis

This classic memorykeeper is the perfect way to track the ups and downs of life, day by day. The 365 daily entries appear five times on each page, allowing users to revisit previous thoughts and memories over five years as they return to each page to record the current day's events.

Book Information

Diary: 370 pages

Publisher: Chronicle Books; Jou edition (September 16, 2009)

Language: English

ISBN-10: 0811870197

ISBN-13: 978-0811870191

Product Dimensions: 4 x 1.3 x 6.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 921 customer reviews

Best Sellers Rank: #3,303 in Books (See Top 100 in Books) #53 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

Customer Reviews

I've been writing in this little journal for three years now and already bought a second one just to make sure I can continue this wonderful habit into a new volume. Some tips:- Since this little book will be with you for a LONG time, buy or make a little protective sleeve to slip it into when you're not writing. I whipped one up as a sewing project and it has kept all the gold writing on the outside looking like new. If you're really tricky, you can also attach pen pockets on the outside so you always have a pen with you for journaling.- Alternate pen color from year to year. Makes the entries really stand out from each other when you're going back down memory lane.- Tuck a \$5 or \$20 bill in between pages at your birthday / other special day. When you come back to that date next year, you'll have a nice surprise from your past self! :-)

The quality of this journal is excellent - the creators obviously put some thought into how much use it would be getting. I'm especially pleased with the paper - I tend to press really hard when I'm writing but the ink doesn't show through on the other side at all. Highly recommended! Get a few, as you'll probably want to give some away.

A normal journal overwhelms me. All that empty space! I need something finite. This journal fits the bill. This is my second One Line A Day Five Year Memory Book. I started the first one the day I got it...no reason to wait til Jan 1--that's the beauty of it! I just finished five years and purchased a

second one. I really do like the journal because I HATE journaling and this is totally manageable. I write small and don't actually do "one line;" I just write about my day. This is a great journal for anyone who either hates journaling but wants to do it to have something to look back on, or someone who enjoys ruminating over their day and choosing one thing to highlight, or for anyone who just wants to keep a brief ongoing journal.... There is an "If found..." page at the front, and three "Dates to Remember" pages at the back. An attached ribbon makes it easy to keep your place. The best thing about keeping a journal like this is you can easily look back on what you did on a particular day up to 5 years ago, and you can compare each year. Kind of cool. It's kind of interesting to note coincidences over the years, like I happened to be sick at the same time a few years in a row--weird. And my kids saw a particular movie one year, and three years later saw the sequel, to the day, with the same friends, even though they had moved away!!Ok, so it's just a journal. But it's nice and small and fits nicely in your night stand--or in your suitcase when you travel. Why did I take a star away? Because the manufacturer affixes a big sticker label directly on the back of the book, which does not peel off without a fight, and leaves all kinds of crud all over the book. Who wants a book with a giant sticker on it?? And who wants a book with sticky crud all over the back? Well, now I'm stuck with the cruddy back. But it's better than a sticker. My first one did not have this problem. I suspect it may have come with a cardboard label around it instead, or wrapped in plastic. I don't remember. But it is crud-less. And as for any concerns about how it holds up for 5 years...it is fine. All you are doing is opening it, writing in it for a few seconds, closing it and putting it away. I don't see how it could fall apart from that. I'm sure someone could destroy it, but mine held up great. It's a good little book. Nice to have, and even though I hate journaling, I've missed the routine of mulling over my day and writing about it right before bed. Now I'm all set for another 5 years!EDIT: I was able to scrape off the sticker (it was a MESS) with my fingernail, as you can see in the photos, and then use a goo-gone type spray on a paper towel to wipe the sticky guck off. It's fine now. I learned afterwards that if you use a straight edge razor (the kind you scrape paint off windows with) very gently and slowly around the edges of a label, you can work around it and eventually get it off pretty cleanly, then clean the residue with the stuff I used. I'll try that next time I have a massive sticker slapped across the cover of a book. (What were they thinking???)

I used to journal and I've been wanting to get back into it. I find that I just don't have the time. And it intimidates me, thinking about writing so much every day. This eliminates both problems. I write only a couple of sentences per day. It forces me to be creative and concise. I really have to think about what was most important for the day to write down. What will I want to look back and remember in

the coming years? I find it thought provoking. This is just a great system. Visually, the book is quite small. It's very attractive looking. I love the ribbon bookmark, which is very functional. I would recommend this to anyone that wants to journal that is either too busy or is intimidated by the process.

This is a FANTASTIC journal centered on a FANTASTIC concept! I'm a hardcore journaler, keeping a detailed daily diary for many years now. And this journal fits right in. If I don't get to my primary journal for a day or two, this book reminds me of what I did on what day, etc. It's just a great little log. It's also great fun! I just finished my first volume of this book, and it was SO FUN to see what happened on each day from the previous years. Of course, it takes a few years for that aspect of fun to come into play, but if you're diligent and thorough, that payoff will eventually come to fruition. The journal has held up beautifully to the wear and tear of handling it for five years, overall. The thin, clear film that coated the book has long been peeled away; once it started to break and peel on its own, I just peeled it all off, for the most part. The cover's material below that film is strong. The gold lettering on the cover is long gone, but its imprint remains. I've taped some of the weaker areas of the creases of the cover. The ribbon is in top shape. The gold on the pages has worn significantly. So, cosmetically, it's dirty and worn and fading. But structurally, it's sound. And I loooooove the worn look anyway; it means it's seen some days. I've started volume two now, and am so excited to keep going with these books, hopefully all my life. At this point, I have three more blank ones in storage; I hope they make these for many more years to come so I can keep going with them, and keep gifting them. The photos I've attached to this review show my five-year-old book and my two-week-old book. Let me know if you have any other questions; I am an unpaid, unsolicited BIG fan of these journals.

[Download to continue reading...](#)

Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Memory Training: Train your brain to improve your memory (Unlimited Memory, Mental Health, Memory Techniques, Education & Reference, Study Skills, Memory Improvement Book 1) One Line a Day: A Five-Year Memory Book Mom's One Line a Day: A Five-Year Memory Book Memory Repair Protocol - Improve Your Memory: Powerful Strategies To Enhance Your Memory - The Ultimate Guide to Unleash Your Brain's Potential (memory loss Book 1) Memory: Boost Your Memory with Easy Exercises - Improve Your Mental Focus in Everyday Life (FREE BONUS INCLUDED) (Improve memory, improving memory, remembering more, productivity

improvement) Better Memory Now: Memory Training Tips to Creatively Learn Anything Quickly, Improve Memory, & Ability to Focus for Students, Professionals, and Everyone Else who wants Memory Improvement One Line a Day Journal: A Five Year Memoir, 6x9 Lined Diary, Watercolor (Journals, Notebooks and Diaries) Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds, 9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) Every Day: A Five-Year Memory Book How to Improve Your Memory and Remember Anything: Flash Cards, Memory Palaces, Mnemonics (50+ Powerful Hacks for Amazing Memory Improvement) (The Learning Development Book Series 7) One Line A Day Memory Journal: 5 Years Of Memories, Blank Date No Month, 6 x 9, 365 Lined Pages Day Trading: Make Hundreds Daily Day Trading One Hour a Day: Day Trading: A detailed guide on day trading strategies, intraday trading, swing trading and ... Trading, Stock Trading, trader psychology) Quantum Memory: Learn to Improve Your Memory with The World Memory Champion! Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) One Question a Day: A Five-Year Journal: A Personal Time Capsule of Questions and Answers Computer Memory: Develop A Computer Like Memory In 5 Minutes A Day (Think Faster, Smarter, Sharper) Kevin Trudeau's Mega Memory: How to Release Your Superpower Memory in 30 Minutes Or Less a Day The One Year Devotions for Kids #1 (One Year Book of Devotions for Kids) The One Year Be-Tween You and God: Devotions for Girls (One Year Book)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)